



UPDATE ON THE NOVEL CORONAVIRUS (COVID-19)

Dear Parents and Guardians,

Here is an update on the Novel Coronavirus (COVID-19) and a list of helpful COVID-19 resources:

COVID-19 Resources

The last month has brought so much change to students and their families. Everyone's daily life has changed and we've all been forced to learn about things like social or physical distancing, contact tracing, flattening the curve and more. With so much information available, especially online, it can be hard to know whom to trust. Halton Region Public Health is a local partner with up-to-date COVID-19 information online at halton.ca/covid-19. Our webpage includes local COVID-19 statistics and information for parents, as well information about how you can find social and economic help.

We have also created some short videos to help you and your family understand some of the important things you're being asked to do to protect our community's health. These messages, along with [healthy parenting resources from the World Health Organization](#), can help launch important conversations with your children.

Halton Region Public Health videos:

- [Physical Distancing](#) (3:21)
- [Contact Tracing](#) (2:19)
- [Picking up Essentials](#) (2:36)
- [Information for Travellers](#) (2:12)
- [We're All in this Together](#) (3:58)

Public Health Ontario (PHO) also has many helpful resources available on topics ranging from physical distancing to how to wear a mask. These are available on the PHO site in both [English](#) and [French](#).

I hope you find these resources helpful. Thank you for your efforts in helping to manage the COVID-19 pandemic.

Sincerely,

Dr. Hamidah Meghani
Medical Officer of Health
Halton Region
April 22, 2020